

Gearing Up For Your Transitions

Resources for Military Families

Specialized Training of Military Parents (STOMP)

STOMP provides information and help to military families (both in the U.S. and overseas) who have children with special needs. The STOMP staff is made up of parents of children with special needs who are trained to work with other parents of children with special needs. As spouses of members of the military, the staff understands the unique needs of military families. To contact STOMP, call or write:

STOMP

6316 So. 12th Street Tacoma, WA 98465 1.800.5.PARENT (V/TTY)

Website: www.stompproject.blogspot.com

Department of Defense Education Activity (DoDEA)

The office of the Department of Defense Education Activity (DoDEA) issues extensive guidance for military families with children who have special needs and who are receiving, or are eligible to receive, a free appropriate public education either domestically or overseas. Take a look online at: http://www.dodea.edu/Curriculum/specialEduc/index.cfm

DoDEA can be reached at:

Department of Defense Education Activity

4040 N. Fairfax Drive Arlington, VA 22203 Telephone: 703.588.3104

Other Helpful Resources

Military OneSource

www.militaryonesource.com/skins/MOS/home.aspx

Offers help with parenting and child care, education, relocation, financial and legal concerns, and everyday issues.

National Military Family Association

http://www.militaryfamily.org/

Provides education and information regarding rights, benefits, and services for military families.

Center for Study of Traumatic Stress

https://www.cstsonline.org/fact-sheet-menu/fact-sheet-search

Provides fact sheets on timely health topics relevant to military life developed by military health experts at Uniformed Services University of the Health Sciences.

Military Child Education Coalition www.militarychild.org/ Helps military children cope with being transferred from school to school around the world. NACCRRA http://www.naccrra.org/military-families Child care resource and referral agencies help parents find quality child care.

Governor's Advisory Council for Exceptional Citizen's (GACEC) Project